

(9)

it's spiritual asce-
counterpart (the
spiritual ascension
of the helicopter)
Possibly connecting
the pineal gland
back and forth from
the spiritual to
the ephemeral at
the same point of
"sakeenah" & tranquility
that Allah has
written eternally for
my heart.

It becomes incumbent
upon me to memorise
the sayad of sakiinah
and regularly read, understand
and implement them